



HOW YOU GOT TB

TB is spread through the air. You got the TB germs by breathing them in from someone else, maybe a long time ago. When the TB germs entered your body, your body tried to fight them by building a wall around the germs. When the body builds a wall around the germs we say the TB germs are “asleep”, because they cannot hurt your body. When TB germs are “sleeping” it is called latent or inactive TB infection or LTBI.