

Bergen County Health Care Center

Spring/Summer Menu

7/25 – 7/31/2021

Sunday (3)	Monday (3)	Tuesday (3)	Wednesday (3)	Thursday (3)	Friday (3)	Saturday (3)
Orange Juice Cream of Wheat Cheese Omelet Corn Muffin Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Scrambled Eggs/Cheese Raisin Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Farina Pancakes Sausage Margarine/Syrup Milk C-T-Decaf	Orange Juice Cream of Wheat Scrambled eggs Corn Beef Hash/Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Omelet Bagel/toast Margarine/Jelly Cream cheese Milk C-T-Decaf	Orange Juice Cream Of Wheat 2 waffles w/ Syrup Sausage Links Margarine Milk C-T-Decaf	Orange Juice Farina Hard Cooked Egg Toast Margarine/Jelly Milk C-T-Decaf
Teriyaki Chicken White Rice Bermuda Blend Or Franks and Beans Éclair Milk C-T-Decaf Alt. Swiss Cheese on Rye	Corned Beef and Cabbage Boiled Potatoes Or Herb Baked Cod Tropical Fruit Salad Milk C-T-Decaf Alt. Peanut Butter & Jelly on WW	Shrimp Stir-Fry Fried Rice OR Cheese Lasagna Rollup Carrots Berry Parfait Milk C-T-Decaf Alt. Egg Salad on White	Pot Roast Herb Mashed Potatoes Green Beans OR Turkey Burger on Bun Fresh Strawberries/Blueberries Milk C-T-Decaf Alt. Liverwurst on Rye	BBQ Chicken Seasoned Rice Kernel Corn Or Baked Ham w/ Pineapple Sauce Vanilla Pudding w/Sliced Banana Milk C-T-Decaf Alt. Bologna On Soft roll	Lemon Baked Fish Roasted Vegetables OR Swedish Meatballs Egg Noodles Cherry Pie Milk C-T-Decaf Alt. Tuna Salad on WW	Meatloaf w/ Gravy Buttered Mashed Potatoes Cal Blend Vegetables OR Broccoli and Cheese Stuffed Chicken Breast Key Lime Pie Milk C-T-Decaf Alt. American Cheese on White
Cream of Broccoli Crab Meat Salad Asst. Crackers Macaroni Salad Or Hamburger On Bun Breaded Onion Rings Assorted Baked Pies Milk C-T-Decaf	Chicken Noodle Soup Ham Salad Sandwich Garden Salad OR Chicken Pot Pie Tri- Color Jell-O Milk C-T-Decaf	Lobster Bisque Soup Shredded BBQ Beef on White Tater Tots OR Cottage Cheese w/ Fruit Blueberry Pie Milk C-T-Decaf	Vegetable Barley Soup Pasta Primavera OR Chicken Salad Sandwich Chick Pea Salad Mixed Vegetables Peach Crisp Milk C-T-Decaf	Tuscan White Bean Soup Crab Cakes Sweet Mash Italian Blend OR Turkey Chili w/Rice Strawberry Shortcake Milk C-T-Decaf	Cream of Mushroom Ham & Swiss Sandwich Macaroni Salad OR Fish Cake on Bun Tartar Sauce Fresh Melon Milk C-T-Decaf	Creamy Vegetable Soup Slice Turkey Platter OR Shredded Pork on a Bun French Fries Cole Slaw Red and Green Grapes Milk C-T-Decaf

Breakfast – Assorted cold cereals / Hard Cooked Egg

Lunch & Supper – See “Meal Substitution List”