

**Spring / Summer Menu**

**8/22 – 8/28/2021**

**Bergen County Health Care Center**

<b>Sunday (1)</b>	<b>Monday (1)</b>	<b>Tuesday (1)</b>	<b>Wednesday (1)</b>	<b>Thursday (1)</b>	<b>Friday (1)</b>	<b>Saturday (1)</b>
Orange Juice Cream of Wheat Breakfast Burrito Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Farina French Toast w/Syrup Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Scrambled Egg/Cheese Chocolate Chip Muffin Margarine/Jelly Milk C-T-Decaf	Orange Juice Cream of Wheat Biscuit Bagel/Toast Margarine or Cream Cheese/Jelly Milk C-T-Decaf	Orange Juice Cream of Wheat Pancakes & Bacon Syrup/Margarine Milk C-T-Decaf	Orange Juice Oatmeal Sausage Patty English Muffin/Jelly Margarine Milk C-T-Decaf	Orange Juice Farina Breakfast Burrito Blueberry Muffin or Toast Margarine/Jelly Milk C-T-Decaf
Pork Loin Okra Potato Pancakes Or Pasta with Grilled Chicken Strips Apricot Halves Milk C-T-Decaf  <b>Alt. Peanut Butter/Jelly</b>	Beer Battered Cod French Fries Glazed Carrots OR Grilled Chicken Caesar Salad Rice Pudding Milk C-T-Decaf  <b>Alt. Ham on WW</b>	Herb Roasted Chicken Bermuda Blend Veg. OR Shrimp Stir-Fry Fried Rice Assorted Pies Milk C-T-Decaf <b>Alt. Salami on Soft Rye</b>	Meat Lasagna Yellow & Green Zucchini OR Baked Flounder Lemon Pudding Milk C-T-Decaf  <b>Alt. Sliced turkey on Rye</b>	Chicken Cordon Bleu Creamed Spinach Mashed Potatoes OR Pasta Bolognese Garlic Toast Sliced Peaches Milk C-T-Decaf <b>Alt. Egg Salad on White</b>	Parmesan Breaded Cod Tartar Sauce &Lemon Mixed Vegetables OR Sloppy Joe Fresh Blueberries and Strawberries Milk C-T-Decaf  <b>Alt. Pizza</b>	Meatballs and Spaghetti Salmon Croquet Brussel Sprout OR Salmon Croquet Sliced Apples Milk C-T-Decaf  <b>Alt. Liverwurst on Rye</b>
Chicken Noodle Egg Salad on Wheat Marinated Bean Salad OR Lasagna Rolette Chocolate Cream Pie Milk C-T-Decaf	French Onion Vegetable Lasagna OR Swedish Meatballs Pear Halves Milk C-T-Decaf	Lemon Chicken Orzo Chicken Salad Sandwich Coleslaw OR Hot Dog on a Bun Sweet Potato Fries Fruit Mix Milk C-T-Decaf	Carrot Ginger Chicken Parmesan Penne Pasta OR Grilled Cheese Green Beans Pineapple Chunks Milk C-T-Decaf	Minestrone Soup Chef Salad Macaroni Salad OR Chicken Pot Pie Vanilla Pudding Milk C-T-Decaf	Manhattan Clam Chowder Tuna Salad Croissant Three Bean Salad OR Stuffed Shells Tiramisu Milk C-T-Decaf	Hearty Vegetable Soup Chicken Tenders Marinated Tomato & Cucumber Salad OR Shepherd's Pie Ice Cream Milk C-T-Decaf

**Breakfast – Assorted cold cereals / Hard Cooked Egg**

**Lunch & Supper – See “Meal Substitution List”**