

Bergen County Health Care Center

Spring/Summer Menu

8/15 – 8/21/2021

Sunday (3)	Monday (3)	Tuesday (3)	Wednesday (3)	Thursday (3)	Friday (3)	Saturday (3)
Orange Juice Cream of Wheat Cheese Omelet Corn Muffin Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Scrambled Eggs/Cheese Raisin Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Farina Pancakes Sausage Margarine/Syrup Milk C-T-Decaf	Orange Juice Cream of Wheat Scrambled eggs Corn Beef Hash/Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Omelet Raisin Bagel/toast Margarine/Jelly Cream cheese Milk C-T-Decaf	Orange Juice Cream Of Wheat 2 waffles w/ Syrup Sausage Links Margarine Milk C-T-Decaf	Orange Juice Farina Hard Cooked Egg Toast Margarine/Jelly Milk C-T-Decaf
Teriyaki Chicken White Rice Bermuda Blend Or Franks and Beans Éclair Milk C-T-Decaf Alt. Swiss Cheese on Rye	Corned Beef and Cabbage Boiled Potatoes Or Salmon Croquettes Tropical Fruit Salad Milk C-T-Decaf Alt. Peanut Butter & Jelly on WW	Eggplant Rollatini OR Smoked Salmon Platter Carrots Berry Parfait Milk C-T-Decaf Alt. Egg Salad on White	Pot Roast Herb Mashed Potatoes Green Beans OR Chicken Parmesan Fresh Strawberries/Blueberries Milk C-T-Decaf Alt. Liverwurst on Rye	BBQ Chicken Seasoned Rice Kernel Corn Or Stuffed Pepper Vanilla Pudding w/Sliced Banana Milk C-T-Decaf Alt. Bologna On Soft roll	Lemon Baked Fish Roasted Vegetables OR Chicken Penne ala Vodka Egg Noodles Cherry Pie Milk C-T-Decaf Alt. Tuna Salad on WW	Salisbury Steak Buttered Mashed Potatoes Cal Blend Vegetables OR Broccoli and Cheese Stuffed Chicken Breast Mandarin Oranges Milk C-T-Decaf Alt. American Cheese on White
Cream of Broccoli Crab Meat Salad Asst. Crackers Macaroni Salad Or Hamburger On Bun Breaded Onion Rings Assorted Baked Pies Milk C-T-Decaf	French Onion Soup Pierogies w/Sour Cream Garden Salad OR Chicken Pot Pie Tri- Color Jell-O Milk C-T-Decaf	Lobster Bisque Soup Shredded BBQ Beef on White Tater Tots OR OR Cheese Blintze Blueberry Pie Milk C-T-Decaf	Manhattan Clam Chowder Pasta Primavera OR Chix Salad Sandwich Chick Pea Salad Mixed Vegetables Peach Crisp Milk C-T-Decaf	Minestrone Soup Crab Cakes Sweet Mash Italian Blend OR OR Turkey Chili w/Rice Sliced Pineapple Milk C-T-Decaf	Cream of Mushroom Ham & Swiss Sandwich Macaroni Salad OR OR Lobster Ravioli Tartar Sauce Fresh Melon Milk C-T-Decaf	Creamy Vegetable Soup Chicken Tenders OR OR Bratwurst on a Bun French Fries Cole Slaw Rice Pudding Milk C-T-Decaf

Breakfast – Assorted cold cereals / Hard Cooked Egg

Lunch & Supper – See “Meal Substitution List”