

Bergen County Health Care Center

Spring/Summer Menu 8/29 – 9/4/2021

Sunday (2)	Monday (2)	Tuesday (2)	Wednesday (2)	Thursday (2)	Friday (2)	Saturday (2)
Orange Juice Farina Danish / Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Cream of Wheat French Toast Syrup Margarine Milk C-T-Decaf	Orange Juice Oatmeal Frittata Waffles Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Scrambled Eggs Bacon Banana Nut Muffin Margarine Milk C-T-Decaf	Orange Juice Farina Cheese Omelet Hash Browns Milk C-T-Decaf	Orange Juice Cream of Wheat Scrambled Eggs Biscuit Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Pancakes Sausage Margarine / Syrup Milk C-T-Decaf
Stuffed Shells Roasted Zucchini Carrot Cake Milk C-T-Decaf Alt Turkey Sandwich	Beef Meatballs Marinara over Pasta Broccoli Apple Pie Milk C-T-Decaf Alt. Swiss Cheese & Tomato Sandwich	Smoked Salmon Platter Potato Salad Jello Milk C-T-Decaf Alt. Salami On Rye	Pork Loin Potato Pancakes Vegetable Blend Sliced Apples Milk C-T-Decaf Alt. Egg Salad / WW	Pepper Steak over Rice Roasted Squash Milk C-T Decaf Peanut Butter/Jelly	Grilled Chicken over Pasta Peas and Carrots Banana Pudding Milk C-T-Decaf Alt. Pizza	Pasta Bolognese Stewed Tomatoes Sliced Pineapple Milk C-T-Decaf Alt. Cream Cheese & Jelly
Lobster Bisque Hamburger Three Bean Salad French Fries Milk C-T-Decaf Sandwiches always available as alternate	Chicken Noodle Pierogies Beet and Cucumber Salad Éclair Milk C-T-Decaf Sandwiches always available as alternate	Cream of Chicken Beef Pot Pie Chick Pea and Tomato Salad Rice Pudding Milk C-T-Decaf Sandwiches always available as alternate	Potato Leek Soup Grilled Chicken Caesar Salad Cole Slaw Dinner Roll Fresh Melon Milk C-T-Decaf Sandwiches always available as alternate	Chicken Orzo Turkey Chili Corn Diced Pears Milk C-T-Decaf Sandwiches always available as alternate	Manhattan Clam Chowder Swedish Meatballs over Egg Noodles Mixed Vegetables Fruit Mix Milk C-T-Decaf Sandwiches always available as alternate	Tomato Soup Cheese Pizza Garden Salad Mandarin Oranges Milk C-T-Decaf Sandwiches always available as alternate

Breakfast – Assorted cold cereals / Hard Cooked Egg

Lunch & Supper – See “Meal Substitution List”