

Bergen County Health Care Center

Spring/Summer Menu

9/5 – 9/11/2021

Sunday (3)	Monday (3)	Tuesday (3)	Wednesday (3)	Thursday (3)	Friday (3)	Saturday (3)
Orange Juice Cream of Wheat Cheese Omelet Corn Muffin Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Scrambled Eggs/Cheese Raisin Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Farina Pancakes Sausage Margarine/Syrup Milk C-T-Decaf	Orange Juice Cream of Wheat Scrambled eggs Corn Beef Hash/Toast Margarine/Jelly Milk C-T-Decaf	Orange Juice Oatmeal Omelet Bagel/toast Margarine/Jelly Cream cheese Milk C-T-Decaf	Orange Juice Cream Of Wheat 2 waffles w/ Syrup Sausage Links Margarine Milk C-T-Decaf	Orange Juice Farina Hard Cooked Egg Toast Margarine/Jelly Milk C-T-Decaf
Beef Short Ribs Corn Bread Bermuda Blend Veg Fruit Cocktail Milk C-T-Decaf Alt. Swiss Cheese on Rye	Mini Cheese Ravioli Garden Salad Carrot Cake Milk C-T-Decaf Alt. Peanut Butter & Jelly on WW	Beef Chili Rice Steamed Spinach Sliced Peaches Milk C-T-Decaf Alt. Egg Salad on White	Chicken Parmesan Over Pasta Italian Veg Mix Strawberry Shortcake Milk C-T-Decaf Alt. Liverwurst on Rye	Beef Brisket Mashed Potatoes Vegetable Blend Assorted Pies Milk C-T-Decaf Alt. Bologna On Soft roll	Cheese Blintzes Cali Veg Mix Lemon Meringue Pie Milk C-T-Decaf Alt. Tuna Salad on WW	Pulled Pork Dinner Roll Cole Slaw Tapioca Pudding Milk C-T-Decaf Alt. American Cheese on White
Tuscan White Bean Hot Dogs French Fries Ice Cream Milk C-T-Decaf Sandwiches always available as alternate	Vegetable Soup Chicken Pot Pie Carrots Apricots Milk C-T-Decaf Sandwiches always available as alternate	Split Pea Soup Turkey Meatballs over Pasta Zucchini and Squash Cherry Pie Milk C-T-Decaf Sandwiches always available as alternate	Carrot Ginger Shrimp Stir-Fry Rice Stir-Fry Veg Key Lime Pie Milk C-T-Decaf Sandwiches always available as alternate	Chicken Noodle BBQ Pulled Chicken Onion Rings Green Beans Butterscotch Pudding Milk C-T-Decaf Sandwiches always available as alternate	Cream of Broccoli Philly Cheesesteak Spring Veg Medley Tiramisu Milk C-T-Decaf Sandwiches always available as alternate	Italian Wedding Soup Lobster Ravioli Peas Fresh Melon Milk C-T-Decaf Sandwiches always available as alternate

Breakfast – Assorted cold cereals / Hard Cooked Egg

Lunch & Supper – See “Meal Substitution List”