



SPUTUM COLLECTION

The thick fluid you cough up from your lungs is called "sputum." It is not spit or saliva. We test this fluid to see if there are TB germs growing in your lungs.

To collect sputum you will cough the thick fluid up from your lungs into your mouth, and then put it in the tube. Some of the results come back quickly and some of the results take a couple of months to come back.

We will ask you to do this test several days in a row at the beginning of treatment, and then once or twice a month during treatment.

SPUTUM COLLECTION INSTRUCTIONS

Collection

1. Sputum is material brought up from the lungs after a deep cough. It is not saliva.
2. Upon rising or at any time, collect sputum in the Precision Sputum collector kit with tube

Labelling

1. Label with a marker the inside container and cover it with the orange top with your name, date of birth

Packaging

1. Place the container in one of the bags provided and securely close the bag.
2. Fold any paperwork and place in the external pocket of the specimen transport bag. This ensures the specimen will not leak onto the paperwork.
Each plastic bag must contain only one specimen.

Storage and Transport

1. Refrigerate and bring the container to the laboratory

Questions call us at 201-634-2677