

The Human Services Institute is affiliated with the Bergen County Department of Human Services.

The Institute is committed to the professional development of county employees and the communities we serve.

The cost of each session is **\$40.00 per person (except where noted)**. Free for employees of the Departments and Offices located at One Bergen County Plaza, the Department of Health Services, and Constitutional Officers.

Participation is limited. No refunds are available. You must submit the attached form to register.

Make check payable to: "County of Bergen"

Send registration to: Terry Cannon  
Department of Human Services  
One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601  
Call 201-336-7425 with questions or concerns about course content, references, evaluation, registration, facilities, or course administration.

To receive a certificate (for CEs):  
Participant must pay the fee, attend entire workshop, sign in, sign out, and complete an evaluation. Certificates will be distributed at the end of the workshop.

All workshops will be held at:  
One Bergen County Plaza  
Hackensack, NJ 07601  
(see schedule for room number)

### Parking at One Bergen County Plaza Hackensack, NJ

Parking lot entrance for visitors is between One Bergen County Plaza and the Justice Center, off Hudson Street. The guard at the security booth will direct you to the proper area. Handicapped parking is on the piazza in front of the main lobby entrance to One Bergen County Plaza.

### Directions

**From Route 4 East or 4 West** - Exit at Hackensack Avenue, Business District. Hackensack Avenue becomes River Street. From River Street make a right onto Kansas Street then right onto Hudson Street. Building is on your right. Turn right immediately after building into parking lot.

**From Route 17 North** - Exit at Polifly Road. Four lights later, make a right onto Essex Street, cross over railroad tracks. See Courthouse ahead. (Road curves and splits). Make a right onto Hudson Street and your first left between the Justice Center and One Bergen County Plaza.

**From Route 17 South** - Exit at Essex Street (Maywood - Paterson). Make a left at the stop sign onto Essex Street. Stay on Essex over Route 17, past Hackensack University Medical Center, over railroad tracks. Proceed as above from Route 17 North.

**From Route 80 West or 80 East** - Exit at #66 (Hudson Street, Hackensack, Little Ferry). Go to light. Make a left onto Hudson Street. As Hudson Street starts to curve, see Courthouse ahead. Make a right between Justice Center and One Bergen County Plaza.

Please call two weeks in advance to request special accommodations



**BERGEN**  
NEW JERSEY *County*



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*County Executive*

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**BERGEN**  
NEW JERSEY *County*

## Human Services Institute

### Spring/Summer 2019

### Professional Development Seminars



Department of Human Services  
One Bergen County Plaza  
Hackensack, NJ 07601

Phone: (201) 336-7425  
Fax: (201) 336-7450



## SPRING/SUMMER 2019 WORKSHOPS

### Eating Psychology: Dimensions and the Energy of Food and Thought

Thursday, March 14, 2019

9:30 a.m.—12:30 p.m.

Presenter: Nicolette Cothron, MA, CEPC

3 Social Work CE's

Location: Room 460 Price: \$40.00

This workshop will examine the complex relationship that we have with food and teach principles that spurt healing disordered eating. Participants will learn to identify disordered eating habits and take a holistic approach toward establishing a healthy relationship with food.

*This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #40, Course #1792 from 5/3/2018 to 5/3/2020.*

*Social workers will receive the following type and number of credits: 3 General Social Work Practice*

### Social Work Ethics

Thursday, April 18, 2019

9:30 a.m.—3:30 p.m.

Presenter: Michael Tozzoli, LCSW, CEO

West Bergen Mental Healthcare

5 Social Work CE's

Location: Room 460 Price: \$60.00

This workshop will cover the main components of ethical practice, from both an agency and practitioner perspective, as well as from the licensing point of view. Designed to be interactive, and explore the strategies that will illustrate how the real world can be complex and, at times, challenge the black and white many would hope for when real human beings are involved.

*This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course #1662 from 12/4/2017 to 12/4/2019. Social workers will receive the following type and number of credits: 5 Ethics*

Note: Cell phone use is not permitted during workshops.

### Beyond Anti-Social: An Introduction to Psychopathy

Thursday, May 16, 2019

9:30 a.m.—12:40 p.m.

Presenter: Jonathan J. Marsh, MA

3 Social Work CE's

Location: Room 460 Price: \$40.00

This workshop introduces the difference between antisocial behavior and psychopathy. Attendees will learn to identify psychopathic traits in their clients and will thus develop a more advanced approach to treatment planning, limit setting, and self-evaluation when treating psychopathic clients.

*NJ Social Workers: An application has been made for consideration of 3 Clinical CE credits for this course.*

### Implementing an Afrocentric Approach in Therapy

Thursday, June 20, 2019

9:30 a.m.—3:30 p.m.

Presenter: Dr. Yolanda Hawkins-Rogers

5 Social Work CE's

Location: Room 460 Price: \$60.00

The importance of understanding how to implement an Afrocentric approach in therapy cannot be underscored enough when working with an African American clientele. The Afrocentric approach was developed as a response to a strictly Eurocentric approach to therapy which may not distinguish the risks, dilemmas and historical trauma that are unique to the African American population. The Afrocentric Approach will be introduced and be described as to how it can be incorporated into the therapist's clinical work.

*NJ Social Workers: An application has been made for consideration of 3 Clinical CE credits for this course.*

### Grant Writing

Thursday, July 18, 2019

9:30 a.m.—12:40 p.m.

Presenter: Michele Hickey, CFRE

Bergen County Division of Family Guidance

3 Social Work CE's

Location: Room 460 Price: \$40.00

This workshop will help the novice grant seeker understand the steps involved in grantsmanship. This workshop will cover grants from research to reporting.

*NJ Social Workers: An application has been made for consideration of 3 General CE credits for this course.*

### Disability Awareness and Americans with Disabilities Act Updates for Social Workers

Thursday, August 15, 2019

9:30 a.m.—12:30 p.m.

Presenter: James Thebery, M.A., CSW, Director,

Bergen County Division on Disability Services

3 Social Work CE's

Location: Room 460 Price: \$40.00

An interactive session that will provide social workers with background on the Americans with Disabilities Act, its impact, recent changes and adaptations, and enhance awareness of various forms of disability. Participants will learn the importance of focusing on the abilities and support needs rather than on labels.

*This course is approved by the Association of Social Work Boards - ASWB NJ CE Course Approval Program Provider #40, Course #917 from 7/8/2016 to 7/8/2018. Social workers will receive the following type and number of credits: 3 General Social Work Practice.*

For more information about  
**Human Services Institute workshops,**  
 please visit [www.co.bergen.nj.us/hsi](http://www.co.bergen.nj.us/hsi)

Human Services Institute

Spring/Summer 2019

## Registration Form

One Form Per Person Please!

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City / Zip Code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Supervisor's Initials: \_\_\_\_\_

Please check:

\_\_\_\_ Healthy Eating (March 14) \$40.00

\_\_\_\_ Social Work Ethics (April 18) **\$60.00**

\_\_\_\_ Beyond Anti-Social, Intro to Psychopathy  
 (May 16) \$40.00

\_\_\_\_ Afrocentric Approach in Therapy  
 (June 20) \$60.00

\_\_\_\_ Grant Writing (July 18) \$40.00

\_\_\_\_ Disability Awareness (August 15) \$40.00

\_\_\_\_\_ workshop(s) x \$40.00

\_\_\_\_\_ workshop(s) x \$60.00

= \_\_\_\_\_ (total enclosed)

Make check payable to: "County of Bergen"