



Department of Human Services
Human Services Institute
Professional Development Seminars

“Implementing an Afrocentric Approach in Therapy”

Date: Wednesday, June 20, 2019

Course times: 9:30 am – 3:30 pm
5 CE Hours

Location: One Bergen County Plaza, Room 460, Hackensack, NJ 07601

About the Course:

This course underscores the importance of implementing an Afrocentric approach to therapy when working with an African American clientele. The Afrocentric approach was developed as a response to a strictly Eurocentric approach to therapy which may not distinguish the risks, dilemmas and historical trauma that are unique to the African American population.

About the Instructor:

Yolanda Hawkins- Rodgers, Ed.D. LP, LPC, ACS, has a practice in Bergen County, New Jersey. She is a clinical consultant for Department of Child Protection and Permanency of New Jersey. Dr. Hawkins-Rodgers also supervises permit holders seeking licensure as psychologists, professional counselors and marriage and family therapists. She is the former chair of the department of Psychology and Counseling for undergraduate and graduate students at Fairleigh Dickinson University, Madison campus. Dr. Hawkins-Rodgers has developed and conducted numerous trainings on multicultural diversity for businesses and agencies both locally and regionally.

Who Should Attend:

This intermediate workshop is designed for social workers at all levels of experience and psychologists in practice with clients that are African American.

Course Objectives:

1. Describe key concepts in the Afrocentric Approach to therapy
2. Identifying the African American population from other populations in applying the approach
3. Identify 3 relevant issues that are often themes for African American clients
4. Exploring the Eurocentric approach vs the Afrocentric approach
5. Applying the concept to clinical situations through vignettes/video clips

Course Outline:

9:30 am-10 am Introduction/examining one's skills base

10:00 am-10:45 am Discussion of the origins of Afrocentric approach/key concepts

10:45 am to 12:00 pm Comparisons of Eurocentric approaches/ exercises

12:00-1:00 pm - Lunch

1:00 pm-2:15 pm Indigenous Blacks Experience/Themes vs. Africans across the Diaspora

2:15 pm-3:30 pm Therapies discussed/ Application of theories in sessions

The cost is \$40.00 per person. No refunds are available.

Make check payable to: "County of Bergen"

Send registration to:

Terry Cannon

Department of Human Services

One Bergen County Plaza, 2nd Floor

Hackensack, NJ 07601

NJ Social Workers: An application has been made for consideration of 5 Clinical CE credits for this course.

To receive a certificate (for CEs):

Participant must pay the fee, attend entire workshop, sign in, sign out, *and* complete an evaluation.

Certificates will be distributed at the conclusion of the workshop.

If you have any questions or concerns, or need special accommodations, please call (201) 336-7455.