



**Department of Human Services**

**Human Services Institute**

***Professional Development Seminars***

**“Guide to Aging and Disability Networks”**

**Date:** Thursday, December 5, 2019

**Course time:** 9:30 am – 12:30 pm 3 CE’s

**Location:** One Bergen County Plaza, Room 460, Hackensack, NJ 07601

**Presenters:** Brianna Greenberg, MPA ADRC Care Coordinator

**Tess Tomasi, MPA, ADRC I&A/Care Management**

**About the Course**

This workshop introduces social workers and other professionals who work with older adults to home and community-based services and resources for adults age 60 and over, as accessed through the New Jersey Aging and Disability Resource Connection (ADRC) network. Participants will get practical guidance on the roles of key agencies, navigating the aging and disability services landscape, and eligibility requirements and application procedures. Participants will also learn key terminology and how to identify and access resources.

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**About the Instructors:**

**Brianna Greenberg**, MPA, ADRC Care Coordinator, 18 years of experience with older adults and persons with disabilities

**Tess Tomasi**, MPA, ADRC I&A/Care Management Unit Supervisor, 23 years of experience in social services

**Course Outline**

9:30-9:40 AM - Introductions

9:40-9:50 AM - History and description of key Federal programs for older adults including the Older Americans Act and the current and future demographics of the older adult population

9:50- 10:10 AM - Introduction to the ADRC

- a) Lead Agency: Division of Senior Services/Area Agency on Aging
- b) Other Key ADRC Agencies
- c) Resource Locators

10:10 – 11:10 AM – Resources:

- d) Care Management for Home and Community –Based Services
- e) Nutrition Programs
- f) Financial and Legal Assistance
- g) Housing Resources
- h) Social Opportunities
- i) Transportation
- g) Healthcare Safety

11:10-11:20 AM - Interactive exercise on resources

11:20- 12:00 PM - Navigating Services

- j) Eligibility requirements
- k) Application Process
- l) ADRC role in discharge planning

12:00-12:10 PM - Case Study group exercise

12:10-12:25 PM - Ongoing learning and networking opportunities

12:25-12:30 PM Questions and closing

**Who Should Attend:**

This beginner workshop is designed for social workers at all levels of experience and licensure (LCSW, LMSW, LISW-BSW, AAW) interested in learning the resources available to them.

**Course Objectives:**

To increase the local knowledge base of resources for older adults and caregivers, with an emphasis on programs for persons with greatest economic and social needs.

This workshop introduces social workers and other professionals who work with older adults to home and community-based services and resources for adults age 60 and over, as accessed through the New Jersey Aging and Disability Resource Connection (ADRC) network. Participants will get practical guidance on the roles of key agencies, navigating the aging and disability services landscape, and eligibility requirements and application procedures. Participants will also learn key terminology and how to identify and access resources.

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**The cost is \$40.00 per person.** No refunds are available.

**Make check payable to:** "County of Bergen"

**Send registration to:**

Terry Cannon  
Department of Human Services  
One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601

**To receive a certificate (for CEs):**

Participant must pay the fee, attend entire workshop, sign in, sign out, *and* complete an evaluation.  
Certificates will be distributed at the conclusion of the workshop.

***If you have any questions or concerns, or need special accommodations, please call (201) 336-7425.***