

Department of Human Services **Human Services Institute**Professional Development Seminars

"Cultural Competency"

Date: Tuesday, December 13, 2022 Course times: 9:30 am – 3:30 pm

Live Interactive Webinar

About the Course:

Cultural Competency is no longer a suggested way to run a business or organization. Cultural Competency is viewed as important for businesses of all shapes and sizes as they have become more diverse in the individuals that are hired to produce or deliver services to the public. While cultural competency is described as the awareness of one's own attitudes, skills and knowledge, it also allows the individual to learn about other individual's perspectives in these areas and concurrently unlearn some behaviors that do not effectively serve the individual in the workplace. This training will focus on the acquisition of the skills and the development of the sensitivities that are essential in working with other cultures.

About the Instructor: Yolanda Hawkins- Rodgers, Ed.D. LP, LPC, ACS, has a practice in Bergen County, New Jersey. She is a clinical consultant for Department of Child Protection and Permanency of New Jersey. Dr. Hawkins-Rodgers also supervises permit holders seeking licensure as psychologists, professional counselors and marriage and family therapists. She is the former chair of the department of Psychology and Counseling for undergraduate and graduate students at Fairleigh Dickinson University, Madison campus. Dr. Hawkins-Rodgers has developed and conducted numerous trainings on multicultural diversity for businesses and agencies both locally and regionally.

Who Should Attend:

This intermediate level workshop is for social workers and social service professionals who are looking to understand how to communicate effectively cross-culturally within their practice.

Learning Objectives:

- 1. Describe cultural factors that influence initial assessments of others.
- 2. Explain how one develops skills for success in working with those from other cultures.
- 3. Define various cultural workstyles.
- 4. Recall personal experiences encountered with other cultures in the workplace.
- 5. Describe the importance of understanding differences in cultural communication.

Course Outline:

9:30 am - 11:00 am

Introductions

Goals of the workshop.

- Explore cultural factors that influence initial assessments of others.
- Examine the definition of cultural competency and its importance in our social work practice
- Examine the acquisition of attitudes, skills and knowledge with regard to multicultural issues.

11:00 am- 12:0 pm

- Explore the impact that one's family origin has on the perception of other cultures.
 ("breakout rooms)
- Encourage participant discussion of personal experiences with other cultures in the workplace and within social work practice. ("breakout rooms")

12:00 pm 1:00 pm Lunch

1: 00 pm -2:15pm

- Examine cultural factors that shape on-going interactions with others.
- Examine the impact of Micro aggressions

2:15 to 3:30 pm

- Develop collaborative efforts to increasing cultural competences ("breakout rooms")
- Compare and contract other culture workstyles
- Evaluation and wrap up

Delivery Method: Course will be delivered Live Interactive via Zoom.

System requires an internet connection and cameras remain on during the duration of the workshop.

To receive a certificate (for CEs):

Evaluations will be emailed within 48 hours of completion of the workshop. A Certificate of Completion will be provided after the course to attendees that attend the entire course and return the evaluation.

The cost is \$60.00 per person. Refunds are not available

Make check payable to:

County of Bergen
Mail to:
Department of Human Services
One Bergen County Plaza, 2nd Floor
Hackensack, NJ 07601

To register for the workshop Call: 201 336-7425 Or email: tcannon@co.bergen.nj.us

Cultural Competency, Course #3968, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by Bergen County Department of Human Services, Human Services Institute as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 02/07/2022 - 02/07/2024. Social workers completing this course receive 5 Social and Cultural Competence continuing education credits.