

BERGEN NEW JERSEY *County*

James J. Tedesco III
County Executive

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DIVISION OF SENIOR SERVICES

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On behalf of the County of Bergen, we thank you for your patience during the Covid-19 pandemic. At this time, the County has lifted most restrictions related to Covid-19, but will continue to require health screenings upon entrance to the centers. Masks are now optional throughout the centers. Masks are still required on the bus for those who are unvaccinated, although it is preferable for all to wear a mask when on the bus. Meals will return to congregate setting, and there will no longer be a Grab & Go option. We look forward to seeing you again as we resume all regular activities. If you have any questions, kindly contact your center directly at (973) 777-5815.

For Your Information...

KEY TELEPHONE NUMBERS

**Division of Senior Services
Bergen ADRC (formerly NJ EASE)**
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

**Bergen County
Board of Social Services**
(201) 368-4200

WALLINGTON SENIOR ACTIVITY CENTER

24 Union Boulevard
Wallington, NJ 07057
Phone: (973) 777-5815 • Fax (973) 777-5134

WallingtonCenter@co.bergen.nj.us

Open: Monday - Friday 8:00AM - 3:30PM

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**WALLINGTON ACTIVITY CENTER
Bergen County Department of Human Services
Division of Senior Services/ADRC**


MAY 2022

May 6	Mothers' Day Observance	
May 9	Concentration Game	12:15 p.m.
May 16	Blood Pressure Monitoring	9:30 a.m.
May 23	Price is Right Game	12:15 p.m.
May 27	Memorial Day Celebration	
May 30	Memorial Day - Center Closed	

The Wallington Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 10:30 STRETCH & FLEX 11:30 LUNCH SERVED</p> <p>Chicken Salad on Lettuce Leaf</p>	<p>3 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Italian Meatballs w/Fusilli & Tomato Basil Sauce</p>	<p>4 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:15 ARTS & CRAFTS 11:30 LUNCH SERVED</p> <p>Lemon-Pepper Baked Fish</p>	<p>5 8:00 FOOD SHOPPING 11:30 LUNCH SERVED</p> <p>Garlic Roasted Pork With Gravy</p>	<p>6 10:00 KNITTING & CROCHETING 10:30 INFORMAL ART- PAINTING 11:30 LUNCH SERVED 12:00 BINGO MOTHERS' DAY OBSERVANCE</p> <p>Chicken Piccata</p>
<p>9 10:30 STRETCH & FLEX 11:30 LUNCH SERVED 12:15 CONCENTRATION GAME</p> <p>Cheese Omelet</p>	<p>10 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Korean BBQ Chicken Leg Qtr.</p>	<p>11 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:15 ARTS & CRAFTS 11:30 LUNCH SERVED</p> <p>Veggie Burger/ WW Bun</p>	<p>12 8:00 FOOD SHOPPING 11:30 LUNCH SERVED</p> <p>Sweet & Sour Meatballs</p>	<p>13 10:00 KNITTING & CROCHETING 10:30 INFORMAL ART- PAINTING 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Veggie Burger on Whole Wheat Bun</p>
<p>16 9:30 BLOOD PRESSURE MONITORING 10:30 STRETCH & FLEX 11:30 LUNCH SERVED</p> <p>Tuna Salad on Lettuce Leaf</p>	<p>17 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Hearty Meat Lasagna</p>	<p>18 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:15 ARTS & CRAFTS 11:30 LUNCH SERVED</p> <p>Hawaiian Chicken Breast</p>	<p>19 8:00 FOOD SHOPPING 11:30 LUNCH SERVED</p> <p>Salisbury Steak with Brown Gravy</p>	<p>20 10:00 KNITTING & CROCHETING 10:30 INFORMAL ART- PAINTING 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Roasted Turkey w/Gravy</p>
<p>23 10:30 STRETCH & FLEX 11:30 LUNCH SERVED 12:15 PRICE IS RIGHT GAME</p> <p>Boneless Chicken Scampi</p>	<p>24 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Pork Chop w/Gravy</p>	<p>25 8:00 WALMART 10:00 KNITTING & CROCHETING 10:30 ZUMBA GOLD 11:15 ARTS & CRAFTS 11:30 LUNCH SERVED</p> <p>Pepper Steak</p>	<p>26 8:00 FOOD SHOPPING 11:30 LUNCH SERVED</p> <p>Swedish Meatballs w/Gravy</p>	<p>27 10:00 KNITTING & CROCHETING 10:30 INFORMAL ART- PAINTING 11:30 LUNCH SERVED 12:00 MEMORIAL DAY CELEBRATION 12:00 BINGO</p> <p>Penne with Pink Sauce and Chicken</p>
<p>30 Memorial Day—CLOSED</p>  <p>Happy Memorial Day</p>	<p>31 11:30 LUNCH SERVED 12:00 BINGO</p> <p>Hamburger with WW Bun</p>			<p>Menu subject to change without notice</p> <p>Each meal served with Skim milk</p>