

# Veterans Newsletter

*Bergen County  
Veterans Services*

*1st Quarter 2020*

*Volume 44*



## A message from James J. Tedesco III, Bergen County Executive



Veterans are an incredibly important part of Bergen County and always will be. Those who have served our country have gone on to make incredible contributions in business, medicine, government, law enforcement, the arts, the media and every other industry in all 70 of our municipalities. Your commitment and dedication to community and public service speaks volumes about who you are, which is why we were proud to have announced in 2018 that the New Bridge Medical Center in Paramus was **officially designated a Veterans Choice facility by the U.S. Department of Veterans Affairs** which means our soldiers, sailors, airmen, Marines, Coast Guardsmen and reservists can receive the health care they need locally instead of having to travel to the VA hospital in East Orange. This

accomplishment is proof positive of our commitment to help our Veterans and their families when they return from their service.

But we refuse to stop there when it comes to helping out veteran community. Since becoming County Executive in January 2015, we have **ended homelessness among veterans** and have implemented numerous successful initiatives to help veterans receive the **job training, education, health care and social services** they need to lead happier, healthier lives, and we are committed to implementing more new ways to continue helping our veterans. You are the reason why we enjoy the many freedoms we have today and that is why we will never stop working for you and your families while you serve and after you serve. We will once again express our gratitude to our military men and woman during the month of May during our Military Appreciation Month Celebration. Again, thank for your service. You are very appreciated.

## From the desk of the Director of Veteran Services, A.J. Luna

We want to wish everyone a healthy and happy start to your new year. We also want to express our sincere thanks to everyone for their continued support throughout these last 5 years of the Tedesco Administration.

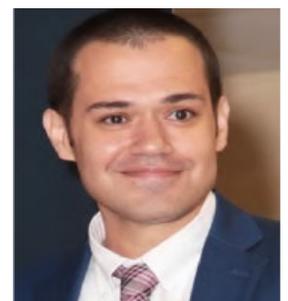
The County of Bergen along with the Division of Veteran Services will once again host our annual “Military Appreciation Month Ceremony” at the County Building in May, where we will be honoring a diverse group of Bergen County veterans who have served. The Veterans Division has assisted with jobs, referrals for disability claims, donated items to assist with everyday life, and other services to improve the quality of life for our veterans. It goes to show that many people in our community not only want veterans to get what they deserve, but are also willing to help those that are less fortunate and in need.

We received a lot of positive feedback from the work we have done to end veterans homelessness. We thank our over 50 service providers that have offered services in homeless prevention, mental health, employment opportunities, and other important services that aim to improve the lives of our veterans who might be struggling.

Should you know of any veterans in need, regardless of when they served or how long they served, please have them contact us at:

**(201) 336-6325** or email us **veterans@co.bergen.nj.us**.

We are here to help.



# 2020 Memorial Day Flag Distribution

It's that time of year when the Division of Veterans Services provides various veterans groups and Boy Scout Troops with United States flags for Memorial Day placement on the graves of veterans buried in Bergen County cemeteries. It is very important that we engage our community to honor our fallen.

## 2020 Flag Distribution Schedule is as follows:

### MONDAY

April 20

12:00 PM - 4:30 PM

### TUESDAY

April 21

12:00 PM - 4:30 PM

### WEDNESDAY

April 22

12:00 PM - 8:00 PM

### THURSDAY

April 23

12:00 PM - 8:00 PM



If you have any questions, please reach out to:

### Yahaira Padilla

(201) 336 - 6329

[ypadilla@co.bergen.nj.us](mailto:ypadilla@co.bergen.nj.us).

Unless a special accommodation or request is made, all gold tip and black tip flags will reflect last year's order.

Any organization that wishes to request flags may contact:

### Division Director

A.J. Luna

(201) 336-6326

[aluna@co.bergen.nj.us](mailto:aluna@co.bergen.nj.us).



**James J. Tedesco III**  
*Bergen County Executive*

**Board of Chosen Freeholders**

*Mary J. Amoroso, Chairwoman • Dr. Joan M. Voss, Vice Chairwoman  
Steven A. Tanelli, Chair Pro Tempore  
David L. Ganz • Germaine M. Ortiz • Thomas J. Sullivan • Tracy Silha Zur*

# **Military Appreciation Month**

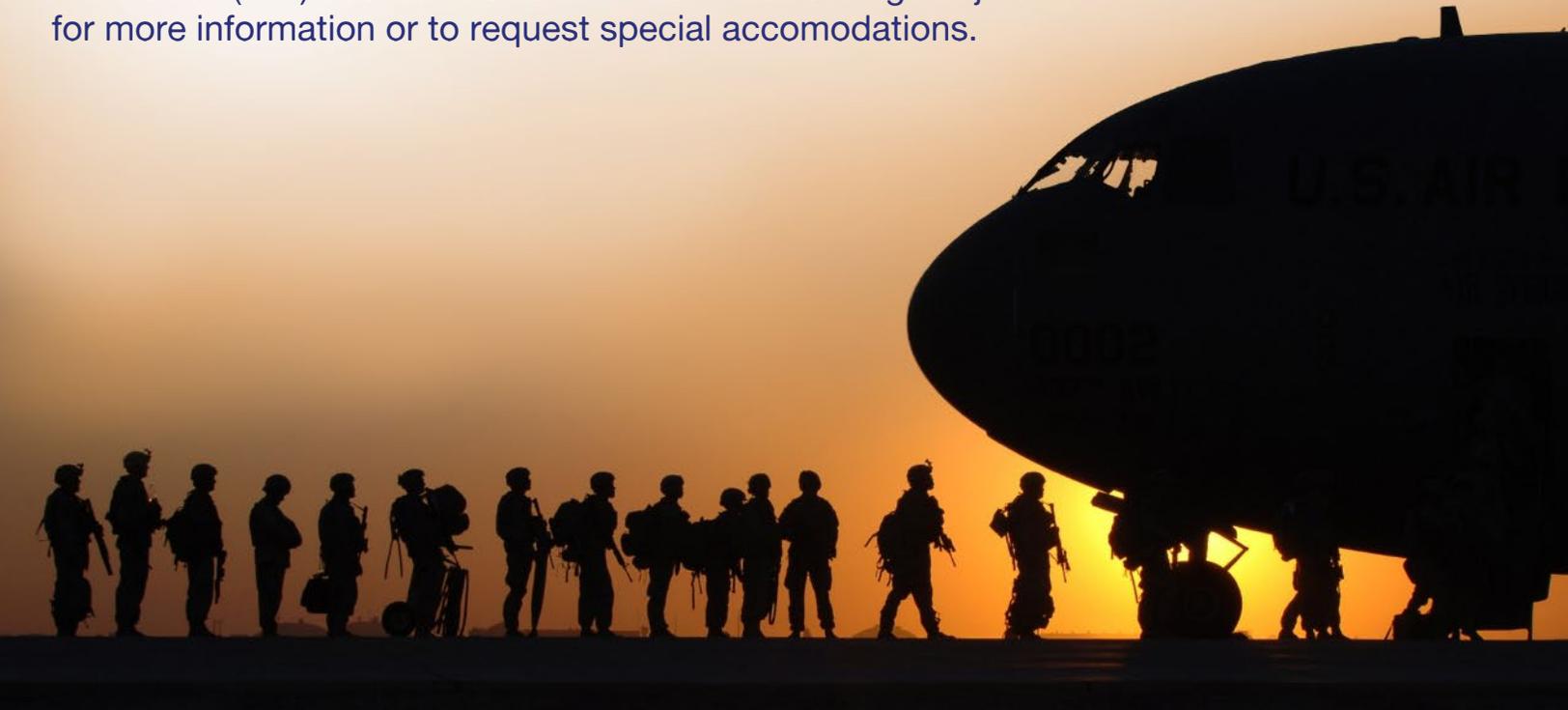
**Thank you to our troops and veterans**

**Friday**  
**May 15, 2020**  
**12:30 PM**

Bergen County  
Administration Building  
One Bergen County Plaza, Piazza  
Hackensack, New Jersey

**\*RSVP Required\***

Please call (201) 336-6325 or email [veterans@co.bergen.nj.us](mailto:veterans@co.bergen.nj.us) for more information or to request special accommodations.





**BERGEN NEW JERSEY**  
*County*



# 2020 POW/MIA Recognition Day Ceremony

Friday September 18, 2020  
12:30 PM

Bergen County Administration Building  
One Bergen County Plaza, Piazza

**\*RSVP Required\***

Please call **(201) 336-6325** or email **veterans@co.bergen.nj.us**

For more information or to request special accommodations

**James J. Tedesco III**  
*Bergen County Executive*

**Board of Chosen Freeholders**  
*Mary J. Amoroso, Chairwoman • Dr. Joan M. Voss, Vice Chairwoman*  
*Steven A. Tanelli, Chair Pro Tempore*  
*David L. Ganz • Germaine M. Ortiz • Thomas J. Sullivan • Tracy Silna Zur*



# WHAT WE CAN LEARN FROM THE FIRST U.S. COMMUNITY TO END CHRONIC HOMELESSNESS

*Bergen County, New Jersey, is one of just two communities in the country to end both veteran and chronic homelessness*

by Kristin Kellogg | November 8, 2019 | [community.solutions](https://community.solutions)



Julia Orlando spent 20 years working in New York City helping people with mental illness find housing. But an experience much closer to home caused her to rethink her work.

**“My brother, who has mental illness, became homeless, and I had to find him housing in Bergen County,”**

-said Orlando.

As she helped him try to access housing and services in their hometown, she was struck that it was “nearly impossible” to navigate the housing system. Orlando did eventually help her brother into housing— and then went on to help improve the homeless response system in her community. Through this work, Bergen County became the first community not only in Built for Zero, but in the country, to end chronic homelessness.

## Building a command center

Today, people experiencing homelessness in Bergen County, New Jersey, a suburb of nearly a million people, can go to one place to access shelter, health services, and the support of all the key agencies working to respond to homelessness.

“The shelter and the food are what people need in the moment. But they’re not the things that they need in the long term,” said Orlando, who serves as the Director of the Bergen County Housing, Health and Human Services Center.

Orlando and her team created a “command center” where all of the needs of someone experiencing homelessness could be met— bringing together various agencies and service providers’ work under the same roof.

Bergen County collects and maintains a real-time list of every person experiencing veteran or chronic homelessness, which they maintain on at least a monthly basis. They use this data, known as a by-name list, to develop strategies and find resources for each person experiencing homelessness and target their resources effectively.

Taken together, these strategies work: in 2016, Bergen County became the first community in the country to end chronic homelessness. Eight months later, it reached functional zero for veteran homelessness— becoming one of just two communities in the country to end both veteran and chronic homelessness. Now the community is working to end youth homelessness.

By building systems that can reach and hold zero, one vulnerable population at a time, communities are creating a future where homelessness will only exist as a rare, brief, and one-time experience.



“  
*We want to  
tell other  
people in other  
communities,  
yes,  
it can be done*  
”

- A.J. Luna, the director  
of the Bergen County  
Division of Veteran  
Services.

# BERGEN *County* NEW JERSEY

**COUNTY OF BERGEN**  
DEPARTMENT OF HUMAN SERVICES  
**DIVISION OF VETERANS SERVICES**  
One Bergen County Plaza • 2nd Floor • Hackensack, NJ 07601-7076  
(201) 336-6325 • FAX (201) 336-6327  
veterans@co.bergen.nj.us

James J. Tedesco III  
County Executive

Jane Linter  
Department Director

A.J. Luna  
Division Director

## BERGEN COUNTY MILITARY SERVICE MEDAL APPLICATION

Name of Veteran _____		
Address _____		
City _____	State <u>NJ</u>	Zip Code _____
Branch of Service _____		
Dates of Service _____		
Type of Discharge _____		
Signature _____	Phone Number _____	

<b>POSTHUMOUS AWARD</b> <input type="checkbox"/> YES <input type="checkbox"/> NO (If YES, complete the following and <u>attach copy of Death Certificate</u> )		
Name of Person to Receive Award _____		
Relationship to Deceased Veteran _____		
Address _____		
City _____	State _____	Zip Code _____
Signature _____	Phone Number _____	

Check here if you want your medal to be mailed to you upon approval

See next page for requirements and instructions for submitting application. **ion.** —————>

# BERGEN COUNTY MILITARY SERVICE MEDAL REQUIREMENTS

- Veteran must currently reside in Bergen County.
- Veteran must have an Honorable Discharge.
- Application must be completed and submitted with a copy of the following:
  - If discharged prior to January 1, 1951, the following separation papers must be attached to the application:
    - U.S. Army: WD AGO 53-55
    - U.S. Air Force
    - U.S. Navy: NAVPERS 553
    - U.S. Coast Guard: NAVPERS 553
    - U.S. Marine Corps: NAVMC 790
  - If discharged after January 1, 1951, a copy of the DD 214 must be attached to the application.
  - Posthumous Medals will be awarded subject to the above requirements including a copy of a death certificate or obituary showing that the deceased veteran was a Bergen County resident at the time of his or her death.

**Return this form, along with required documentation by fax or mail:**

*Fax to:*  
201-336-6327

*Mail to:*  
Ariel "AJ" Luna  
Bergen County Division of Veterans Services  
One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601



*Email:* [veterans@co.bergen.nj.us](mailto:veterans@co.bergen.nj.us)

**Questions? Call the Division of Veterans Services at 201-336-6325.**

## About the Veterans Aid & Attendance Pension benefit

In 1952, Congress passed Title 38 of the United States Code, creating what we now call the Department of Veterans Affairs (VA), and authorizing benefits for veterans. One of these benefits is the Non-Service Connected Pension, with "Aid & Attendance." (Veterans Aid & Attendance Pension benefit.)

Even though the pension has been around for 60 years, very few people know about it or understand how it works. Veterans Home Care has 15 years' experience successfully helping veteran families apply for and receive the pension. Let us help you, too.

*At Veterans Home Care, we're dedicated to helping veterans who have proudly served their country, or their surviving spouses, get the benefits they deserve.*

- We help you determine if you qualify for the VA Aid & Attendance Pension Benefit.
- We assist you to identify and obtain documents needed for the application.
- We help you complete and submit the application to the VA.
- We provide your home care right away.
- We furnish an interest-free loan so you can pay for your home care while the VA processes your application.
- We monitor your application's progress, and assist with responses to VA requests for additional information until your pension is approved.

## Eligibility

### Do You Have the "3-Ms"?

1. Military: Are you a veteran or the surviving spouse of a veteran who served at least 90 days on active duty, at least one day during wartime with an honorable discharge? (Persian Gulf War veterans must have two years of active duty or the full period of which they were called for active duty.)

2. Medical: Do you have a non service-connected medical condition causing you to need assistance with activities of daily living?

3. Money: Do you have limited income and assets? (Your home and car are exempt.)

### Did you serve during one of the VA Defined War Periods?

- World War II: Dec 7, 1941 - Dec. 31, 1946
- Korean Conflict: June 27, 1950 - Jan. 31, 1955
- Vietnam Era: Aug. 5, 1964 - May 7, 1975
- For veterans who served Feb. 28, 1961 - Aug 5, 1964, must have served "in country" (Vietnam).
- Persian Gulf War: Aug 2, 1990 - date to be prescribed by Presidential proclamation or law.
- Must have served active duty for two years or the full period of which the veteran was
- Called for active duty.

# Tracers

Donations to the Tracers program are used to supply bus tickets to jobs, assist in preparing the veteran for employment, and to fillin gaps in the service delivery system.

Since our inception, more than \$135,000 in bus tickets were given to homeless vets.

## GOLD (\$500 and above)

- Bergen County Police Chiefs Foundation
- Bergen County Volunteer Center - All Wrapped Up
- Homeless VETS Outing 2019
- All Saints' Episcopal Church
- Ms. Danielle Schwartz, East Brook School Park Ridge
- American Legion Post #162

## BRONZE (\$100 - \$249)

- American Legion Post #206
- Taejon Chapter 170, Korean Veterans
- Bruce R. Bradbury
- Lorraine Joewono and Family

## SILVER (\$250 - \$499)

- American Legion Auxiliary Unit 170
- Employees of Suez

## BOOSTERS (Under or up to \$99)

- Robert P. Douglas
- VFW Post #227
- Scott E. Helfand



Our veterans are thankful all year round for every item that they receive through the generosity of all the organizations in Bergen County.

We would like to give special thanks to:

- McDonald's of Little Ferry, Paramus Rotary
- Paramus Elks
- NJ State Elks Veteran Committee
- VFW Post 277 Ridgefield Park
- Good Samaritan Hospital
- Suffern NY
- Elks of Rutherford
- Boots Up

And all others who have supported helping veterans in need.

The Division of Veterans Services would like to take this opportunity to remind our veterans about the **Division of Senior Services** another great resource. **The Division of Senior Services** is located on the 2nd floor of One Bergen County Plaza down the hall from our office. Also, check the flyer located within this newsletter for information on the Senior Picnic in September.

Multi-lingual assistance is available

Walk-ins are welcome

Extended hours by appointment

## **Division of SENIOR SERVICES**

### ***Aging & Disability Resource Connection***

One Bergen County Plaza  
Second Floor

Phone: (201) 336 - 7400

Fax: (201) 336 - 7430

seniors@co.bergen.nj.us



The Division of Senior Services was established in 1966 under Federal Legislation of the Older Americans Act. It is the primary agency in Bergen County that plans and coordinates services for county residents age 60 and above, and their caregivers.

The Division and its various committees advocate for those with the greatest economic and social needs. The Division also provides support to various community-based organizations that promote the well-being and independence of Bergen County's 200,000 older adults.

### **ADRC Information & Assistance**

Bergen County ADRC provides information and assistance to older persons, adults with disabilities, caregivers, and professionals looking for services or programs.

Services we offer:

- **Information about programs and services**
- **Benefits counseling and referrals**
- **Assistance filling out forms and applying for benefits**
- **Medicare counseling including Medicare Savings Programs**
- **Access to publicly-funded long-term care programs**
- **Wellness Check program**

Resources we can help you find:

- **Financial assistance**
- **Aging-in-place and other long-term care options**
- **Housing information including home modifications and repairs**
- **Transportation**
- **Caregiver information and support**
- **Health, wellness, nutrition**
- **Legal, advocacy, and keeping adults safe**
- **Employment and volunteer opportunities**
- **Social activities**
- **Tax relief and services**
- **And more!**

To speak to an Aging Specialist call (201) 336-7400 or visit our office.

### **Meals on Wheels**

Eligible adults who are unable to shop and prepare their own meals, are provided with a mid-day meal delivered directly to their homes.

For information on eligibility and options available call (201) 336-7420. To apply online go to [www.co.bergen.nj.us](http://www.co.bergen.nj.us)

## Lunch Nutrition Program

Monday through Friday a well-balanced mid-day meal is served at senior centers located throughout Bergen County. The program fosters social interaction and educates participants through quarterly nutrition and wellness lectures. Transportation may be available.

## Senior Activity Centers

Bergen County operates ten Senior Activity Centers that are open for services to all Bergen County residents 60+ and their significant others regardless of age.

Activities we offer:

- Zumba
- Tai - Chi
- Choir
- Muscle training
- Yoga
- Spanish workshop
- Board games
- Arthritis exercise
- Dancing classes
- Chair exercise
- ESL classes
- Meditation
- Computer workshop
- Knitting & crocheting

### Locations:

Bergenfield • East Rutherford • Elmwood Park  
Garfield • Hackensack • Midland Park  
North Arlington • Palisades Park  
Ridgefield Park • Wallington

Check your community center or town for additional senior activities. Eligibility criteria and fees may apply.

## State Health Insurance Assistance Program (SHIP) Medicare Counseling

New Jersey state trained and certified counselors help Medicare beneficiaries and pre-enrollees understand their benefits, options, and entitlements.

For more information call (201) 336-7413,  
(201) 336-7427 or (201) 336-7400.  
For more information call (201) 336-7438.

## Reverse Mortgage Counseling Home Equity Conversion Mortgage (HECM)

Certified counselors trained by the US Department of Housing and Urban Development (HUD), advise seniors age 62 and over on ways to access their home equity so they can remain at home and age-in-place.

For more information call (201) 336-7569.

## HealthEASE

HealthEASE is an expansion of the ADRC system designed to improve and sustain the health and wellness of age 60+ adults provided through:

- Health Education
- Health Screenings
- Senior Farmers' Market
- Senior Wellness Fairs
- Health Resources
- Nutrition Counseling

For more information call (201) 336-7438.

### Department of Human Services

Melissa DeBartolo, Esq.  
*Acting Director*

### Division of Senior Services

Lorraine Joewono  
*Director*



# The 2020 Census at a Glance

*Counting everyone once, only once, and in the right place.*

The U.S. Census Bureau is the federal government's largest statistical agency. We are dedicated to providing current facts and figures about America's people, places, and economy. Federal law protects the confidentiality of all individual responses the Census Bureau collects.

The U.S. Constitution requires that each decade we take a count—or a census—of America's population.



The census provides vital information for you and your community.

- It determines how many representatives each state gets in Congress and is used to redraw district boundaries. Redistricting counts are sent to the states by March 31, 2021.
- Communities rely on census statistics to plan for a variety of resident needs including new roads, schools, and emergency services.
- Businesses use census data to determine where to open places to shop.

Each year, the federal government distributes more than \$675 billion to states and communities based on Census Bureau data.

In 2020, we will implement new technology to make it easier than ever to respond to the census. For the first time, you will be able to respond online, by phone, as well as by mail. We will use data that the public has already provided to reduce followup visits. And, we are building an accurate address list and automating our field operations—all while keeping your information confidential and safe.

## KEY MILESTONES

- 2018**
- 2018 End-to-End Census Test
  - 2020 Census questions sent to Congress by March 31, 2018
  - Six regional 2020 Census offices and 40 area census offices open
- 
- 2019**
- Partnership activities launch
  - Complete Count Committees establish
  - Census takers update address list in person
  - Remaining 248 area census offices open
- 
- 2020**
- Advertising begins in January 2020
  - Public response (online, phone, or mail) begins
  - **Census Day**—April 1, 2020
  - Census takers visit households that haven't responded
  - Apportionment counts sent to the President by December 31, 2020
- 
- 2021**
- Redistricting counts sent to the states by March 31, 2021

# Overview of Census Bureau Programs

## CENSUSES

- The **decennial census** is the once-a-decade population and housing count of all 50 states, the District of Columbia, Puerto Rico, and the Island Areas. The results of the census determine the number of seats for each state in the U.S. House of Representatives and are used to draw congressional and state legislative districts. Federal agencies use the results to distribute more than \$675 billion in federal funds each year.
- The **economic census** measures the nation's economy every five years, providing vital statistics for virtually every industry and geographic area in the country.
- The **Census of Governments** provides comprehensive data about the 90,000 state and local governments in the nation every five years.

## SURVEYS

- The **American Community Survey** (ACS) is an ongoing national survey—sampling approximately 3.5 million addresses annually—that provides vital information about our nation's housing and people. The ACS is the only source of comparable, quality information about the people in all our communities. These data show what the U.S. population looks like and how it is changing. ACS data are used to assess the past and present and to plan for the future.
- **Demographic surveys** measure income, poverty, education, health insurance coverage, housing quality, crime victimization, computer usage, and many other subjects.
- **Economic surveys** are conducted monthly, quarterly, and yearly. They cover selected sectors of the nation's economy and supplement the economic census with more-frequent information about the dynamic economy. These surveys yield more than 400 annual economic reports, including principal economic indicators.
- **Sponsored surveys** are demographic and economic surveys that we conduct for other government agencies. They include the Current Population Survey, the National Health Interview Survey, and the National Survey of College Graduates.

For more information, go to [census.gov](https://www.census.gov).

**Bergen County Contact:**  
[census2020@co.bergen.nj.us](mailto:census2020@co.bergen.nj.us)

## Your information is protected by law

The law requires the Census Bureau to keep your information confidential and use your responses only to produce statistics. We cannot publicly release your responses in any way that could identify you. We will never share your information with immigration enforcement agencies such as ICE, law enforcement agencies such as the FBI or police, or allow it to be used to determine your eligibility for government benefits.

## Our Mission

To serve as the nation's leading provider of quality data about its people and economy.

## Our Vision

To be the trusted source for timely and relevant statistical information, and the leader in data-driven information.

## Census History

Thomas Jefferson directed the first decennial census in 1790. As required by the U.S. Constitution, a census has been taken every 10 years thereafter. In 1840, the Census Act authorized the establishment of a centralized Census Office. In 1902, the Census Office became a permanent organization within the Department of the Interior. A year later, it was renamed the Bureau of the Census and moved to the new Department of Commerce and Labor.

# STAKEHOLDERS

5TH  
ANNUAL

# AWARDS BREAKFAST



SATURDAY  
MARCH 28

9AM-12:00PM

BREAKFAST WILL BE SERVED

THE BROWNSTONE  
351 W BROADWAY  
PATERSON, NJ

HONORING THOSE WHO HAVE GIVEN EXEMPLARY SERVICE TO OUR VETERAN COMMUNITY

# The SOSVETS Veterans Stakeholders Awards Breakfast Information

Tickets are now available for The SOSVETS Veterans Stakeholders Awards Breakfast, The awards will be given on Saturday March 28, 2020 9AM at the Stakeholders Awards Breakfast held at:

The Brownstone  
351 West Broadway  
Paterson, NJ, 07522

There will also be an **Ad Journal** for the event to congratulate the award winners.

*The Deadline for the Ad Journal entry will be March 18, 2020.*

- » Full Page Ads will be \$300.00
- » Half Page Ads \$150.00
- » Business Card Ads \$75.00

### ***Contract enclosed***

*All proceeds for this event will support the SOSVETS Veterans Unmet Needs Fund.*

Tickets and Ads can be purchased online at:

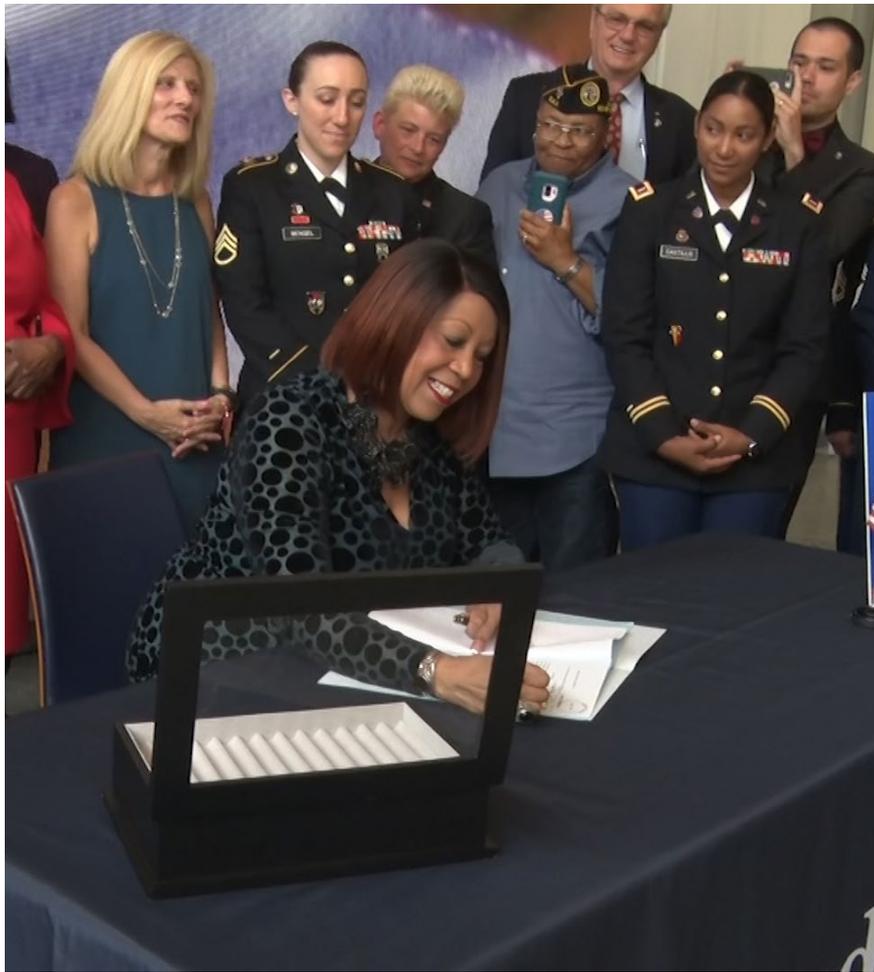
[www.ccpaterson.org/breakfast](http://www.ccpaterson.org/breakfast)

For information please contact:

**David Pearson**  
dpearson@catholiccharities.org  
(973) 818 - 3601

## NJ SOSVETS Veterans Stakeholder 2020 Award Winners

1. Hudson - **Tony Goodson, Samuel R. Shelton** - VFW Post #2294 Jersey City
2. Bergen - **Deborah Visconi** ,President and Chief Executive Office, Bergen New Bridge Medical Center
3. Sussex - **Bill Robinson** - DMAVA, Legion Riders
4. Morris - **Jim Cavanaugh** - Welcome Home Vets & Assumption Church, Morristown
5. Union - **Sharon Knight** - Union County American Legion Auxiliary
6. Somerset / Middlesex / Hunterdon – Detective **Ivis Molina** - Middlesex County Prosecutor's Office
7. Essex - **Samantha Washington** - Congressmen Paynes Office
8. Passaic – **Tony Vancheri** - Paterson Veterans Counsel
9. Mental Health Services Award - **David Cathcart** - Secaucus Vet Center
10. Women's Award - **SOSVETS Women Veteran's Sub Committee Team** - In observance of creating a Women Veterans Appreciation Day for the State Of NJ
11. Community Service Award - **Dan and Katie Misuraca** - Red White and Que



# WOMEN VETERANS DAY



June 12, 2019 was an historic day for Women Veterans in the state of New Jersey. Acting Governor Shelia Oliver signed Senate Joint Resolution No. 114 into law, designating **June 12th** of every year as **“Women Veterans Appreciation Day”** in New Jersey. At the federal level, Senator Cory Booker and Representative Mikie Sherrill showed their support for this initiative by introducing a bipartisan resolution designating June 12th as Women Veterans Appreciation Day nationally.



Bergen County, along with other surrounding counties, were present for this historic event. Help us start the year right in gearing up to celebrate the first year of the Women’s Veterans Appreciation Day throughout our community! Show your sisters in arms that have served that we honor and celebrate all that they’ve done along side us and for us. We thank you for your sacrifices.

# Veterans Healthcare Services

## AT BERGEN NEW BRIDGE MEDICAL CENTER



## A Veterans Community Care Program

PARTICIPATING PROVIDER

VETERANS ACCESS LINE  
201.225.7189

Monday - Friday - 8:30 am to 5:30 pm

### Bergen New Bridge offers a complete continuum of care, including:

- Imaging and diagnostic services, including CT, digital MRI, and lowest dosage mammography, allowing for safe and quick results
- Full-Service Laboratory
- Mental Health Services
- Substance Use Disorder Treatment
- Medical Detox
- Comprehensive outpatient care services featuring more than 26 medical specialties in addition to primary care
- Rehabilitation
- Long Term Care
- 24/7 Emergency Department

### All your healthcare needs under one roof.

Access to convenient, local healthcare services is available to you at Bergen New Bridge. Just ask your primary care physician for a referral to Bergen New Bridge Medical Center. It is important to follow your benefit program requirements as specified in your plan when seeking services regarding referrals, authorization, and appointments.

### About New Bridge Medical Center

Bergen New Bridge Medical Center offers acute medical services, including 24/7 emergency department, surgical suites, physical rehabilitation, pharmacy, laboratory, radiologic services (including digital mammography), and more than 26 medical specialties available through its Ambulatory Care Center. Learn more at [www.newbridgehealth.org](http://www.newbridgehealth.org).

Connect With Us



A Clinical Affiliate of **RUTGERS**



# ADVOCATING FOR OUR VETERANS IN *New Jersey*

Coming soon  
Learn more at  
[www.njsosvets.org](http://www.njsosvets.org)



NEW JERSEY SOS VETERANS  
STAKEHOLDERS GROUP

