



Dennis McNerney  
County Executive

Bergen County Health Promotion Resource Center

**The Health Resource Letter**  
May/June 2006

**MAY IS LYME DISEASE AWARENESS MONTH!**

**Health Fact Corner**

Did you know the Merriam-Webster Dictionary defines insecticide as "an agent that destroys insects." So where did this word come from?



The use of the English word "insect" was recorded in 1601. It comes from the Latin *insectum*, the neuter form of *insectus*. The other part of the word "cide" comes from Middle French, from Latin *cida*, from *caedere* to cut or kill. Even words and their definitions have histories.

There are over 2 thousand insecticide products registered for outdoor residential use by the U.S. Environmental Protection Agency, Office of Pesticide Programs. In addition, over 4 thousand insecticide products are registered for indoor residential use.

Be sure to follow the safety guidelines when using any type of insecticide.



Environmental Protection Agency  
[www.epa.gov/kidshometour/activities/puzzler.htm](http://www.epa.gov/kidshometour/activities/puzzler.htm)

Summer is coming, but so are the ticks! Lyme disease, the most commonly reported tick-borne disease in the United States, has become an important public health problem. New Jersey consistently ranks among the states reporting the most cases. Education about ticks and personal precautions can play an important role in prevention and early recognition. Utilize the videos from the Resource Center to help students become aware of Lyme disease.

***Lyme Disease: Dr. Ticked Off & His Tick Patrol***

Luis from Sesame Street and Muppets star in this video. Teaches kids in grades K-4 about ticks, preventing tick bites, and how to remove them. Dated 1997.  
VHS, 18 minutes  
Request: AV MCO16

***Getting Ready for the Great Outdoors***

Students in grades 3-5 will learn about how to protect themselves from Lyme disease. The importance of early treatment is emphasized.  
VHS, 15 minutes  
Request: AV MCO7

***Neato Mosquito***

The five lessons on this CD are designed to be viewed in order, including information on the life cycle of mosquitoes, their relationship to disease, and specific information on LaCrosse encephalitis. Produced in 2000 for children in grade 4.  
Request: AV CD MCO1

**FUN SUMMER, SAFE KIDS**

June is National Home Safety Month. Help students have an enjoyable summer vacation by teaching them how to be safe when they are at home by preventing accidental poisonings.

***You Be Safe***

The cartoon characters U.B. Safe and his friends show young children how to prevent accidental poisonings around the home. For grades PreK-2. Dated 1991  
VHS, 10 minutes  
Request: AV IC20





# Health Publications

May/June 2006

The brochures described below are **FREE** to residents of towns contracting with the Department of Health Services for health education. Please complete the form at the bottom of the page to receive a single copy. Feel free to make as many copies as needed of the resources below.

**Lyme Disease Tips for Personal Protection**– A one page flyer that lists ways to decrease the risk of getting Lyme disease. Intended for use in grades 2 and up.

**Lyme Disease Word Search**– Students in grades 3-8 will enjoy this fun word search with terms related to Lyme disease.

**Fill in the Poison**– A one page “fill in the blank” activity sheet with a word bank to help students learn about poison control and safety. The toll free number for the Poison Control Center of NJ/NY is included. For grades 3-6.

**Be Safe at Home**– Children in kindergarten through second grade will learn about dangerous chemicals in their homes by circling the hazardous items in this worksheet.

**IMPORTANT REMINDER:** New Jersey State Law requires children under 17 years of age to wear a helmet when bicycling, roller skating, or skateboarding. Please remind your students of this to prevent unnecessary injuries. Please call the Resource Center for flyers to give to parents or to post in your school.

*I am interested in receiving the following materials:*

**Handouts**

- Lyme Disease Tips for Personal Protection*
- Lyme Disease Word Search*
- Fill in the Poison*
- Be Safe at Home*

**Videos**

- Lyme Disease: Dr. Ticked Off & Tick Patrol*
- Neato Mosquito (CD)*
- Getting Ready for the Great Outdoors*
- You Be Safe*

Name: \_\_\_\_\_

School/Organization: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

*Mail your completed form to:*

Health Promotion Resource Center / Bergen County Department of Health Services  
327 E. Ridgewood Avenue, Room 301 ■ Paramus, NJ 07652-4895

Forms may also be faxed to 201-986-1068, *ATTN: Resource Center*  
For information on multiple copies, call 201-634-2703.

**Please check here if your mailing address label was incorrect.**

**The Health Promotion Resource Center** offers information and health promotion materials such as **videos for loan** and accompanying **handouts** on a wide range of health issues to residents of towns contracting with the Department of Health Services for health education. Residents are invited to call their health educator at 201-634-2600, or the Resource Center at 201-634-2703.

**Video Borrowing Policy**

- Up to two videos may be borrowed at one time for a period of 10 business days.
- A \$50 personal or business check or voucher (school or other) is required as a deposit for each video that is borrowed.
- School personnel can call to inquire about courier delivery.